

FEATURED EXPERIENCE

Sense. Shape. Move what comes next.

*Make human agency your growth advantage.
A guided experience drawing on The Human Growth Code.*

Mental Mastery Week closes two days before the Summit. In this final hour, Christophe Fauconnier and Nicola Tyler help participants turn what they have experienced into a more purposeful way of moving forward. We are always becoming – and becoming brings human tension. We grow not by escaping those tensions, but by becoming more able to navigate them with human agency. Drawing on The Human Growth Code, participants use the four Rs – Relevance, Resourcefulness, Relationships and Resilience to explore a real tension, clarify what matters, discover where they have room to act, and shape a next move of their own.

THE FORMAT

150 minutes · 100 pax

Tue 27 Oct, 09h00 to 11h30

Parkview Event Space, Woodstock

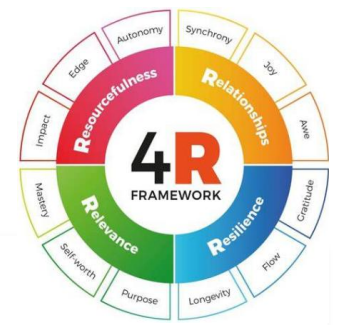
Two days before the Summit opens at the CTICC

MIXED

SUMMIT PRIMER

R750 for Summit ticket holders · R1500 public

Four Rs. One Summit.



1

Relevance

What was trained, and why it matters: connecting eight days of practice to the growth choices each participant actually faces.

2

Resourcefulness

What was learned: the tools now in hand, from the breath to the Tempest Protocol, and how to keep them working under pressure.

3

Relationships

The room that trained together: turning a week of shared discomfort into a community that walks into the Summit as one.

4

Resilience

The capacity built over eight days, named and claimed, so it holds when the pace of ordinary life returns.

5

Into the Summit

What to carry into 29 October: a primed mind, one clear intention, and a personal growth code for the year ahead.

THE CLOSING SESSION

Christophe Fauconnier & Nicola Taylor.

Christophe Fauconnier

Founder and Chief Business Humanizer at Innate Motion, the people-centred growth consultancy behind twenty years of humanising business. Co-author of The Human Growth Code with Dr Andreea Vanacker: 40 years of positive psychology and emerging neuroscience, made actionable.

Nicola Tyler

Founder and CEO of The Thinking Company, a global authority on strategic and lateral thinking with over 25 years' experience transforming leaders and organisations. Edward de Bono's protégé and Master Trainer, she has trained thousands of executives across more than 15 countries. Nicola helps leaders think differently, unlock creativity and make better decisions.

What participants leave with:



A tension worth understanding

A real-life challenge made clearer: what is changing, what matters, and what feels unresolved.



A clearer sense of your room to act

What you can influence, what requires support or shared action, and what is not yours to control.



A possibility you can shape

A more purposeful way forward that honours what matters without demanding certainty.



People and resources to draw on

Relationships, strengths, practices and conditions that can help make movement possible.



A personal Human Growth Code

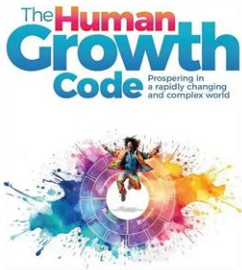
A one-page map using the four Rs to navigate the tension and define what you are learning to become able to do.



A next move to practice

One experiment, conversation, boundary or choice to try – and a question to carry forward.

Mental Mastery Week closes two days before the Summit opens. This is the hour that turns eight days of training into a way of walking in.



innatemotion.com/humangrowthcode

