

FEATURED EXPERIENCE

The Closing Session.

*What was trained. What was learned.
What to carry into the Summit.*

Mental Mastery Week closes two days before the Summit opens. Christophe Fauconnier and Nicky Taylor bring the week to a point in a final hour designed to prime participants for 29 October, drawing on The Human Growth Code: four human challenges, Relevance, Resourcefulness, Relationships and Resilience, that decide who prospers in a rapidly changing and complex world.

THE FORMAT

60 minutes · Capacity to be confirmed
Tue 27 Oct, 11h00 to 12h00
Parkview Event Space, Woodstock
Two days before the Summit opens at the CTICC

MIXED

SUMMIT PRIMER

Free for Summit ticket holders · R1500 public

One hour. Four Rs. One Summit.



1

Relevance

What was trained, and why it matters: connecting eight days of practice to the growth choices each participant actually faces.

2

Resourcefulness

What was learned: the tools now in hand, from the breath to the Tempest Protocol, and how to keep them working under pressure.

3

Relationships

The room that trained together: turning a week of shared discomfort into a community that walks into the Summit as one.

4

Resilience

The capacity built over eight days, named and claimed, so it holds when the pace of ordinary life returns.

5

Into the Summit

What to carry into 29 October: a primed mind, one clear intention, and a personal growth code for the year ahead.

Christophe Fauconnier & Nicola Taylor.



Christophe Fauconnier

Founder and Chief Business Humanizer at Innate Motion, the people-centred growth consultancy behind twenty years of humanising business. Co-author of The Human Growth Code with Dr Andreea Vanacker: 40 years of positive psychology and emerging neuroscience, made actionable.

innatemotion.com/humangrowthcode



Nicola Taylor

Founder and CEO of The Thinking Company, a global authority on strategic and lateral thinking with over 25 years of experience transforming leaders and organisations. A protégé and Master Trainer of Edward de Bono, she has trained thousands of executives and facilitated strategy workshops across more than 15 countries. Nicola is passionate about helping leaders think differently, unlock creativity and make better decisions.

What participants leave with:



The week, brought to a point

What was trained and what was learned across eight days, distilled into one hour.



A personal Human Growth Code

The four Rs, Relevance, Resourcefulness, Relationships and Resilience, applied to their own week.



A primed mind for 29 October

Arriving at the Summit ready rather than recovering, with the training still in the body.



Growth choices, unlocked

Forty years of positive psychology and emerging neuroscience, made practical for change.



A community, not an audience

The people they trained alongside, walking into the CTICC together.



One intention to carry

A clear commitment for the Summit and for the year that follows it.

Mental Mastery Week closes two days before the Summit opens. This is the hour that turns eight days of training into a way of walking in.

